



Blackwater Medical Centre Newsletter

December 2025

We wish all our patients and their families a peaceful and happy festive period!

Asthma Relief

Asthma Relief is a charitable organisation who support both adults and children with asthma, COPD and a wide range of other chronic respiratory conditions, as well as disability and life limiting illnesses, by providing a Nebuliser Compressors donations and support service.

The surgery would like to thank Asthma Relief who received some funding in memory of a lady who was from the Maldon area and kindly donated two new Pari Boy Classic nebulisers to the surgery.

Christmas Jumper Week

This year the surgery is holding a Christmas Jumper Week to raise money for Home Start in Maldon. All funds raised will go directly to help children in our community. Home Start offers a wide range of services, all helping to give children the best possible start in life. The Maldon branch is located at the Maldon District Council Offices.

Maldon Food Pantry

The Maldon Food Pantry is an important part of the Maldon Churches Together. They collect food donations from supermarkets and members in the community, to donate to families and people in the area who need a helping hand. For people and families who are struggling, a food parcel carefully prepared for them is a special gift. The Food Pantry would like to thank the partners at the surgery for their kind donation.

Dementia Friendly Status

The surgery is pleased to announce that this year we have been accredited as being a dementia friendly surgery. We host regular drop in events at the Maldon surgery and the second Friday of every month, we host a dementia support clinic at the Heybridge surgery. This has been running successfully since September 2024. Our next clinic will be Friday 9th January 2026. If any patients are interested in attending, please leave your details at reception or email us at blackwater.medicalcentre@nhs.net





Veteran Friendly Practice

In 2026, we are going to work towards becoming a veteran friendly practice. If any patients or their family members are interested in being part of this project, please do get in touch by either leaving your details at reception or emailing us at blackwater.medicalcentre@nhs.net

We look forward to hearing from you.



Patient Participation Group (PPG)

Our surgery has a Patient Participation Group (PPG) who meet bi-monthly on a Wednesday evening. We also have a virtual group for those patients who prefer not to attend these meetings, but would still like to be involved with the work of the surgery.

If you are interested in joining, or to find out more information, please do contact us! We are always keen to welcome new members on board and would like all our patient community to be represented.

Christmas Opening Hours



The surgery will close at 6.30pm on Christmas Eve (Wednesday 24th December) and will reopen at 8.00am on Monday 29th December. It will then be closed from 6.30pm on New Years Eve (Wednesday 31st December) and will reopen at 8.00am on Friday 2nd January 2026. If patients need medical help during this time, they should call 111 or in an emergency, dial 999.

Please be aware that Blackwater Dispensary will close at 4pm on Christmas Eve and New Years Eve. Please ensure that you order your medication in a timely manner before the festive period.

The Community Pharmacy will remain open until 9pm on Christmas Eve. The Community Pharmacy will be open 11.00am - 3pm on Christmas Day but will be closed Boxing Day and New Years Day.

Be Prepared for Winter 2025/2026



Subscribe to winter health advice straight to your inbox at #BePrepared or visit

<https://www.midandsouthessex.ics.nhs.uk/health/winter>

