



Blackwater Medical Centre Newsletter

March 2026

Dr Teatino Retires

It is with much sadness that Blackwater Medical Centre bid farewell to Dr Teatino on 19th March 2026 as he retires. The practice celebrated his retirement, and we were joined by his lovely wife.

Dr Teatino has been at the surgery for 32 years. He has worked tirelessly and with the utmost dedication to the practice and his patients over the years and will be missed, by both his Partners, patients, and staff at the surgery.

Dr Teatino said "After 32 years of being a GP in Maldon, I consider myself to be a Maldonian. However, I was reminded by a patient I am not! I would like to know what all the other patients I have looked after think about it."

We wish him all the absolute best for his retirement.



Local Pharmacy

Some pharmacies may be able to offer treatment and some prescription medicine for some conditions, without you needing to see a GP (this is called Pharmacy First). Conditions they can treat as part of Pharmacy First are:

- earache (aged 1 to 17 years)
- impetigo (aged 1 year and over)
- infected insect bites (aged 1 year and over)
- shingles (aged 18 years and over)
- sinusitis (aged 12 years and over)
- sore throat (aged 5 years and over)
- urinary tract infections or UTIs (women aged 16 to 64 years)

Other services pharmacies provide include:

- advice on medicines
- disposal of old medicines
- help with new medicines
- emergency contraception
- free blood pressure checks

Please visit the NHS Website at www.nhs.uk and use the 'Find a Pharmacy' tool to check for any updates on the availability of local pharmacies over the Easter period. The Blackwater Pharma will be open on Easter Sunday from 11.00am – 3.00pm.

Easter

The Surgery and dispensary will close at 6.30pm on Thursday 2nd April and will reopen at 8am on Tuesday 7th April. The Blackwater Pharma will be open on Easter Sunday from 11.00am – 3.00pm.

We would like to wish all our patients a peaceful and happy Easter period!

