

Dementia Support Clinic

Blackwater Medical Centre

For people living with dementia and their families.
Patients can access support and information with a
Dementia Adviser from Alzheimer's Society.

Appointments available at 10am, 11am and 12pm on the
second Friday of every month at Heybridge Surgery
(starting 13 September 2024).

Ask at Reception for the next available appointment.

Alternatively, you can contact Alzheimer's Society on
0333 150 3456 or email **essex@alzheimers.org.uk**



Alzheimer's
Society

Together we are help & hope
for everyone living with dementia



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.

What is a Dementia Support Clinic?

An Alzheimer's Society Dementia Adviser will come along to the surgery to see, by appointment, anyone who is affected by dementia and offer information and support. Telephone appointments can be arranged if preferred.

- Appointments can be made for anyone who is affected by dementia. This can be someone who has a diagnosis, is currently going through diagnosis or is worried about their memory, or it can be a carer or family member – or both. It is very much their appointment and we will look to provide appropriate support depending on their specific needs.
- We can provide information and advice on all aspects of dementia; diagnosis, strategies to live well with dementia and as a Carer of someone living with dementia.
- We can signpost or refer to social groups and activities, short and longer term respite solutions and organisations/services that can support further.
- We are also able to give some guidance in regard to care and carer assessments, benefits and entitlements and Lasting Power of Attorney.



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