

LIVING WELL THIS WINTER

Come and join us for a chat over a cuppa and explore the wealth of support within your local community!

Our multi-venue event, themed 'Living Well this Winter,' celebrates the strengths and resources we all bring. You'll have the opportunity to connect with a variety of professionals and services who aim to empower us to age well.

Chat to over 30 local partners across two venues....

Slipper swap
Employment, CV Support & Training
Community Activities
Health and wellbeing

Carers Support
Financial Advice & Benefits
Energy and warm homes
Fire & Road Safety

Joining forces with the regular Community in Cup event, providing a social space for you to chat with partners, and grab a <u>free soup lunch</u> (Served 12:30-14:30) Our second venue will host the districts new <u>Social Supermarket</u> and their pop-up cafe (open 13:00 - 14:30) as well as chatting to range of partners for support.



Maldon United Reformed Church CM9 4PZ



Tuesday 26th November 2024



10am - 4pm drop-in anytime



Maldon Town Hall, CM9 4RL



Tuesday 26th November 2024



12.30pm - 4pm drop-in anytime





Due to limited parking at both venues, please use the surrounding public car parks

